

# Benchmark National Clinical Practice Guidelines FOR FAMILY PLANNING CLINICS

CONTRACEPTIVE SERVICES	SOURCE	REFERENCE	LINK
<b>US Medical Eligibility Criteria (MEC)</b>	Centers for Disease Control and Prevention (CDC), 2016	Curtis KM, Tepper NK, et.al. United States Medical Eligibility Criteria (US MEC) for Contraceptive Use, 2016. <i>MMWR</i> 2016; 65(3): 1-103.	<a href="https://www.cdc.gov/mmwr/volumes/65/rr/pdfs/rr6503.pdf">https://www.cdc.gov/mmwr/volumes/65/rr/pdfs/rr6503.pdf</a>
<b>US Selected Practice Recommendations (SPR)</b>	CDC, 2016	CDC, U.S. Selected Practice Recommendations for Contraceptive Use (US SPR), 2016. <i>MMWR</i> 2016; 65(4) 1-66.	<a href="https://www.cdc.gov/mmwr/volumes/65/rr/pdfs/rr6504.pdf">https://www.cdc.gov/mmwr/volumes/65/rr/pdfs/rr6504.pdf</a>
<b>Quality Family Planning Guidelines (QFP)</b>	CDC & Office of Population Affairs, 2014	Gavin L, Moskosky S, Providing Quality Family Planning Services: Recommendations of CDC and the U.S. Office of Population Affairs (OPA). <i>MMWR</i> 2014; 63(RR-04): 1-54.	<a href="https://www.cdc.gov/mmwr/pdf/rr/rr6304.pdf">https://www.cdc.gov/mmwr/pdf/rr/rr6304.pdf</a>
<b>Adolescents and LARC Use</b>	American College of Obstetrics and Gynecologists 2018	ACOG Committee Opinion No. 735: Adolescents and Long-Acting Reversible Contraception: Implants and Intrauterine Devices. <i>Obstet Gynecol</i> 2018;131(5):e130-e139.	<a href="https://pubmed.ncbi.nlm.nih.gov/29683910/">https://pubmed.ncbi.nlm.nih.gov/29683910/</a>
<b>Adolescent Pregnancy, Contraception, and Sexual Activity</b>	ACOG, 2017	ACOG Committee Opinion No 699: Adolescent Pregnancy, Contraception, and Sexual Activity. Committee on Adolescent Health Care. <i>Obstet Gynecol</i> 2017 May;129(5):e142-e149.	<a href="https://pubmed.ncbi.nlm.nih.gov/28426620/">https://pubmed.ncbi.nlm.nih.gov/28426620/</a>
<b>Immediate Postpartum LARC</b>	ACOG, 2016	ACOG Committee Opinion No. 670: Immediate Postpartum Long-Acting Reversible Contraception. ACOG Committee on Obstetric Practice. <i>Obstet Gynecol</i> 2016 Aug;128(2):e32-7.	<a href="https://pubmed.ncbi.nlm.nih.gov/27454734/">https://pubmed.ncbi.nlm.nih.gov/27454734/</a>
<b>Female Contraceptive Sterilization</b>	ACOG, 2019	ACOG Practice Bulletin No. 208: Benefits and Risks of Sterilization. <i>Obstet Gynecol</i> 2019 Mar;133(3):e194-e207.	<a href="https://pubmed.ncbi.nlm.nih.gov/30640233/">https://pubmed.ncbi.nlm.nih.gov/30640233/</a>
<b>Vasectomy</b>	American Urological Association, 2012 (ALLA)	Sharlip ID, Belker AM, et. al. Vasectomy: AUA guideline. American Urological Association. <i>J Urol</i> 2012 Dec;188(6 Suppl):2482-91.	<a href="https://pubmed.ncbi.nlm.nih.gov/23098786/">https://pubmed.ncbi.nlm.nih.gov/23098786/</a>
SEXUALLY TRANSMITTED INFECTIONS	SOURCE	REFERENCE	LINK
<b>STI Treatment Guidelines, 2021</b>	CDC, 2021	Sexually Transmitted Infections Treatment Guidelines, 2021. <i>MMWR</i> 2021; 70(4):1-192.	<a href="https://www.cdc.gov/std/treatment-guidelines/default.htm">https://www.cdc.gov/std/treatment-guidelines/default.htm</a> <a href="https://www.cdc.gov/std/treatment-guidelines/STI-Guidelines-2021.pdf">https://www.cdc.gov/std/treatment-guidelines/STI-Guidelines-2021.pdf</a>

SEXUALLY TRANSMITTED INFECTIONS	SOURCE	REFERENCE	LINK
<a href="#">Taking a Sexual History</a>	CDC, 2021	CDC. A Guide to Taking a Sexual History. 2005. (Updated 2020).	<a href="https://www.cdc.gov/std/treatment/sexualhistory.htm">https://www.cdc.gov/std/treatment/sexualhistory.htm</a> <a href="https://www.cdc.gov/std/treatment/SexualHistory.pdf">https://www.cdc.gov/std/treatment/SexualHistory.pdf</a>
<a href="#">STD Quality Clinical Services (QCS)</a>	CDC, 2020	Barrow RY, Ahmed F, et al. Recommendations for Providing Quality STD Clinical Services, 2020. <i>MMWR</i> 2020;68(RR-5):1–20.	<a href="https://www.cdc.gov/std/qcs/">https://www.cdc.gov/std/qcs/</a> <a href="https://www.cdc.gov/mmwr/volumes/68/rr/pdfs/rr6805a1-H.pdf">https://www.cdc.gov/mmwr/volumes/68/rr/pdfs/rr6805a1-H.pdf</a>

CERVICAL CANCER SCREENING, DIAGNOSIS AND MANAGEMENT	SOURCE	REFERENCE	LINK
<a href="#">Cervical Cancer Screening, US Preventative Services Task Force (USPSTF)</a>	USPSTF, 2018	Screening for Cervical Cancer: US Preventive Services Task Force Recommendation Statement. <i>JAMA</i> 2018;320(7):674-686.	<a href="https://pubmed.ncbi.nlm.nih.gov/30140884/">https://pubmed.ncbi.nlm.nih.gov/30140884/</a>
<a href="#">Cervical Cancer Screening, ACOG</a>	ACOG 2016	ACOG, Practice Bulletin No. 168 Summary: Cervical Cancer Screening and Prevention. <i>Obstet Gynecol</i> 2016 Oct; 128(4): e111-e130.	<a href="https://pubmed.ncbi.nlm.nih.gov/27661651/">https://pubmed.ncbi.nlm.nih.gov/27661651/</a>
<a href="#">Cervical Cancer Screening, American Cancer Society (ACS)</a>	ACS 2020	Frontham E, et.al. Cervical cancer screening for individuals at average risk: 2020 guideline update from the American Cancer Society. <i>CA Cancer J Clin</i> 2020 Sep;70(5):321-346.	<a href="https://pubmed.ncbi.nlm.nih.gov/32729638/">https://pubmed.ncbi.nlm.nih.gov/32729638/</a>
<a href="#">Management of Abnormal Results</a>	ASCCP, 2020	Perkins RB, et. al. 2019 ASCCP Risk-Based Management Consensus Guidelines for Abnormal Cervical Cancer Screening Tests and Cancer Precursors. <i>Low Genit Tract Dis</i> 2020 Apr;24(2):102-131.	<a href="https://pubmed.ncbi.nlm.nih.gov/32243307/">https://pubmed.ncbi.nlm.nih.gov/32243307/</a>
<a href="#">HPV Vaccination</a>	CDC, 2019	Meites E, Szilagyi PG, et.al. HPV Vaccination for Adults: Updated Recommendations of the Advisory Committee on Immunization Practices. <i>MMWR</i> 2019 68(32):698-702.	<a href="https://pubmed.ncbi.nlm.nih.gov/31415491/">https://pubmed.ncbi.nlm.nih.gov/31415491/</a>

BREAST CANCER SCREENING, DIAGNOSIS AND MANAGEMENT	SOURCE	REFERENCE	LINK
<a href="#">Breast Cancer Screening, USPSTF</a>	USPSTF, 2016	Siu AL, USPSTF, Screening for breast cancer: USPSTF recommendation statement. <i>Ann Intern Med</i> 2016; 164: 279-96.	<a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/breast-cancer-screening">https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/breast-cancer-screening</a>
<a href="#">Breast Cancer Screening, ACOG</a>	ACOG, 2017	ACOG, Practice Bulletin No. 179: Breast Cancer Risk Assessment and Screening in Average-risk Women. <i>Obstet Gynecol</i> 2017 Jul; 130(1): e1-e16.	<a href="http://www.ncbi.nlm.nih.gov/pubmed/28644335">www.ncbi.nlm.nih.gov/pubmed/28644335</a>

BREAST CANCER SCREENING, DIAGNOSIS AND MANAGEMENT	SOURCE	REFERENCE	LINK
<b>Breast Cancer Screening, ACS</b>	ACS, 2015	Oeffinger KC, Fontham ET Breast Cancer Screening for Women at Average Risk: 2015 Guideline Update From the American Cancer Society. <i>JAMA</i> . 2015 Oct 20;314(15):1599-614.	<a href="https://pubmed.ncbi.nlm.nih.gov/26501536/">https://pubmed.ncbi.nlm.nih.gov/26501536/</a>
<b>Breast Density Guidelines</b>	ACOG, 2016	ACOG, Committee Opinion No. 625 Management of Women with Dense Breasts Diagnosed by Mammography. <i>Obstet Gynecol</i> 2015; 125: 750-1.	<a href="https://pubmed.ncbi.nlm.nih.gov/25730253/">https://pubmed.ncbi.nlm.nih.gov/25730253/</a>
<b>Management of Breast Conditions</b>	ACOG, 2016	ACOG Practice Bulletin #164. Diagnosis and Management of Benign Breast Disorders. <i>Obstet Gynecol</i> 2016;127 (6):e141-e156.	<a href="https://pubmed.ncbi.nlm.nih.gov/27214189/">https://pubmed.ncbi.nlm.nih.gov/27214189/</a>
<b>Diagnostic Algorithms</b>	CA Dept of Public Health (CDPH), 2014	Cancer Detection Section, CDPH. Breast Cancer Diagnostic Algorithms for Primary Care Providers (4th edition) 2011. (Updated 2014).	
ACHIEVING PREGNANCY AND INFERTILITY	SOURCE	REFERENCE	LINK
<b>Achieving Pregnancy</b>	American Society for Reproductive Medicine (ASRM), 2017	ASRM. Optimizing natural fertility: a committee opinion. <i>Fertil Steril</i> . 2017 Jan;107(1):52-58.	<a href="https://pubmed.ncbi.nlm.nih.gov/28228319/">https://pubmed.ncbi.nlm.nih.gov/28228319/</a>
<b>Basic Infertility Evaluation (females)</b>	ASRM, 2015	Practice Committee of ASRM. It Diagnostic evaluation of the infertile female: a committee opinion. <i>Fertil Steril</i> 2015 Jun;103(6):e44-50.	<a href="https://pubmed.ncbi.nlm.nih.gov/25936238/">https://pubmed.ncbi.nlm.nih.gov/25936238/</a>
<b>Basic Infertility Evaluation (males)</b>	ASRM, 2015	Practice Committee of ASRM. Diagnostic evaluation of the infertile male: a committee opinion. <i>Fertil Steril</i> 2015 Mar;103(3):e18-25.	<a href="https://pubmed.ncbi.nlm.nih.gov/25597249/">https://pubmed.ncbi.nlm.nih.gov/25597249/</a>
PRE-PREGNANCY CARE	SOURCE	REFERENCE	LINK
<b>Preconception Care</b>	CDC, 2006	Johnson K, Posner SF, Recommendations to improve preconception health and health care--United States. A report of the CDC/ATSDR Preconception Care Work Group and the Select Panel on Preconception Care. <i>MMWR</i> 2006 ;55(RR-6):1-23.	<a href="https://pubmed.ncbi.nlm.nih.gov/16617292/">https://pubmed.ncbi.nlm.nih.gov/16617292/</a> <a href="https://www.cdc.gov/mmwr/preview/mmwrhtml/rr5506a1.htm">https://www.cdc.gov/mmwr/preview/mmwrhtml/rr5506a1.htm</a>
<b>Adult Vaccination Schedule</b>	CDC, 2021	Freedman MS, Ault K, Bernstein H. Advisory Committee on Immunization Practices Recommended Immunization Schedule for Adults Aged 19 Years or Older - United States, 2021. <i>MMWR</i> 2021 ;70(6):193-196.	<a href="https://pubmed.ncbi.nlm.nih.gov/33571173/">https://pubmed.ncbi.nlm.nih.gov/33571173/</a>
THE WELL WOMAN VISIT	SOURCE	REFERENCE	LINK
<b>Women's Preventive Services Initiative (WPSI), 2019</b>	ACOG, 2019	Phipps MG, et al. Women's Preventive Services Initiative's Well-Woman Chart: A Summary of Preventive Health Recommendations for Women. <i>Obstet Gynecol</i> 2019 Sep;134(3):465-469.	<a href="https://pubmed.ncbi.nlm.nih.gov/31403594/">https://pubmed.ncbi.nlm.nih.gov/31403594/</a>

THE WELL WOMAN VISIT	SOURCE	REFERENCE	LINK
Well Woman Visit, ACOG	ACOG, 2018	ACOG Committee Opinion No. 755: Well-Woman Visit. <i>Obstet Gynecol</i> 2018 Oct;132(4):e181-e186.	<a href="https://pubmed.ncbi.nlm.nih.gov/30247364/">https://pubmed.ncbi.nlm.nih.gov/30247364/</a>
Screening Pelvic Exam	ACOG, 2018	ACOG Committee Opinion No. 754: The Utility of and Indications for Routine Pelvic Examination. <i>Obstet Gynecol</i> 2018 Oct;132(4):e174-e180.	<a href="https://pubmed.ncbi.nlm.nih.gov/30247363/">https://pubmed.ncbi.nlm.nih.gov/30247363/</a>
MENOPAUSE MANAGEMENT	SOURCE	REFERENCE	LINK
Hormone Therapy for Menopausal Symptoms	North American Menopause Society (NAMS), 2018	NAMS. The 2017 hormone therapy position statement of The North American Menopause Society. <i>Menopause</i> 2018 Nov;25(11):1362-1387.	<a href="https://pubmed.ncbi.nlm.nih.gov/30358733/">https://pubmed.ncbi.nlm.nih.gov/30358733/</a>
Non-Hormonal Therapy for Menopausal Symptoms	NAMS	NAMS. Nonhormonal management of menopause-associated vasomotor symptoms: 2015 position statement of The North American Menopause Society. <i>Menopause</i> 2015 Nov;22(11):1155-72.	<a href="https://pubmed.ncbi.nlm.nih.gov/26382310/">https://pubmed.ncbi.nlm.nih.gov/26382310/</a>
URINARY TRACT INFECTIONS	SOURCE	REFERENCE	LINK
Uncomplicated UTI in Women	ACOG, 2008	ACOG Practice Bulletin No. 91: Treatment of urinary tract infections in nonpregnant women. <i>Obstet Gynecol</i> 2008 Mar;111(3):785-94.	<a href="https://pubmed.ncbi.nlm.nih.gov/18310389/">https://pubmed.ncbi.nlm.nih.gov/18310389/</a>
Recurrent UTI in Women	AUA & others, 2018	Anger J, Lee U, et al. Recurrent Uncomplicated Urinary Tract Infections in Women: AUA/CUA/SUFU Guideline. <i>J Urol</i> 019 Aug;202(2):282-289.	<a href="https://pubmed.ncbi.nlm.nih.gov/31042112/">https://pubmed.ncbi.nlm.nih.gov/31042112/</a>
Recurrent UTI in Women	Meta-analysis	Smith AL, Brown J, et.al. Treatment and Prevention of Recurrent Lower Urinary Tract Infections in Women: A Rapid Review with Practice Recommendations. <i>J Urol</i> 2018 Dec;200(6):1174-1191.	<a href="https://pubmed.ncbi.nlm.nih.gov/29940246/">https://pubmed.ncbi.nlm.nih.gov/29940246/</a>
FACILITY GUIDELINES FOR OUTPATIENT PROCEDURES	SOURCE	REFERENCE	LINK
GYN Office Procedure Facility Guidelines	ACOG & others, 2019	Levy BS, Ness DL Consensus Guidelines for Facilities Performing Outpatient Procedures: Evidence Over Ideology. <i>Obstet Gynecol</i> 2019 Feb;133(2):255-260.	<a href="https://pubmed.ncbi.nlm.nih.gov/30633142/">https://pubmed.ncbi.nlm.nih.gov/30633142/</a>
MEDICATION ABORTION and EARLY PREGNANCY LOSS	SOURCE	REFERENCE	LINK
Medication Abortion	ACOG & Society of Family Planning, 2020	ACOG. Medication Abortion Up to 70 Days of Gestation: ACOG Practice Bulletin, Number 225. ACOG Committee on Practice Bulletins—Gynecology, Society of Family Planning. <i>Obstet Gynecol</i> 2020 Oct;136(4):e31-e47.	<a href="https://pubmed.ncbi.nlm.nih.gov/32804884/">https://pubmed.ncbi.nlm.nih.gov/32804884/</a>
Early Pregnancy Loss	ACOG, 2018	ACOG Practice Bulletin No. 200: Early Pregnancy Loss. <i>Obstet Gynecol</i> . 2018 Nov;132(5):e197-e207.	<a href="https://pubmed.ncbi.nlm.nih.gov/30157093/">https://pubmed.ncbi.nlm.nih.gov/30157093/</a>