

**WYOMING HEALTH COUNCIL INTRAUTERINE DEVICE/SYSTEM CONSENT**

I received information and asked all my questions about:

- ParaGard® Intrauterine Device (IUD)
- Mirena® Intrauterine System (IUS)
- Skyla™ IUS
- Liletta IUS™
- Kyleena

I know that:

- The IUD/IUS prevents pregnancy more than 99% of the time. It provides long-term protection from pregnancy.
- Each ParaGard IUD is good for up to 10 years of use. Each Mirena and Kyleena are good for up to 5 years of use. Each Skyla IUS is good for up to 3 years of use. Each Liletta IUS is good for up to 6 years of use.
- Mirena IUS contains the hormone progestin and may decrease menstrual bleeding and cramps.
- Skyla IUS contains the hormone progestin.
- Kyleena contains the hormone progestin.
- Liletta IUS contains the hormone progestin.
- The IUD/IUS does not protect me from sexually transmitted infections, including HIV. I will use condoms to help protect myself from infections.
- ParaGard may be used as emergency contraception. ParaGard is 99% effective in preventing pregnancy if it is inserted within 5 days of unprotected sex.

I know the IUD/IUS might cause the following:

- Spotting, irregular bleeding and/or heavier periods
- Cramping when it is put in and during my periods
- Pelvic infection for up to 3 weeks after it is put in (Not Common)
- The IUD/IUS may go through the wall of my uterus when it is inserted and may require surgery to remove.
- If I become pregnant while using an IUD/IUS, it is more likely to be a tubal pregnancy than if I was not using an IUD/IUS.
- The IUD/IUS could come part of the way or all the way out of my uterus. If this happens, I know I could get pregnant and will use another form of birth control if I do not want to be pregnant.

I have a copy of the written patient information (IUD/IUS package insert) that gives me more details about these and other risks and side effects.

My health care provider has explained the reasons why a person should NOT use the IUD/IUS:

- Current pelvic infection or high risk for sexually transmitted infections
- Current pregnancy or suspicion of current pregnancy
- Known or suspected cervical or breast cancer (for Mirena, Skyla, Kyleena and Liletta)
- Wilson’s disease (a disorder in how the body handles copper) (for ParaGard)
- Allergy to copper (for ParaGard)
- Uneven shape of the uterus

I will call the clinic or my private doctor, or go to the emergency room if I have any of these danger signs:

- Late or missed period (irregular bleeding is normal and expected with Mirena, Kyleena, Skyla, and Liletta) or other signs of pregnancy
- Abnormal spotting or bleeding; severe bleeding (if I bleed through one or more regular pads or tampons in an hour) or bleeding that lasts a long time
- Pain in the stomach or pelvis or during sex
- Exposure to sexually transmitted infections or abnormal discharge from the vagina
- Fever or chills
- Cannot feel the IUD/IUS strings; the strings feel longer or shorter than usual
- Can feel a part of the hard plastic of the IUD/IUS; the IUD/IUS has come part of the way or all the way out of the uterus.

If I have problems or concerns, I will come back to the clinic to talk with a nurse or doctor to see if I can make the IUD/IUS work for me. If I wish to stop using the IUD/IUS, I know that I need to come back to the clinic to have it taken out. If I do not wish to become pregnant, I must start on another method of birth control right away.

**The above information has been presented to me in oral and written form. I understand the information and my questions have been answered.**

**Based on my knowledge of the above, I consent to having an intrauterine device/system inserted today.**

**Client Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Provider Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Interpreter Identification Information** \_\_\_\_\_