

Can We Talk?



The Wyoming Department of Education presents:

CAN WE TALK?

TRAIN THE FACILITATOR WORKSHOP

WHEN: Saturday, October 10, 2009, 9:00 a.m. to 5:00 p.m.

WHERE: Casper Natrona County Health Department – 475 S. Spruce Street, Casper.

WHO SHOULD ATTEND? People who work with parents, kinship care providers, foster parents, and other care providers of young people.

WHO ARE THE TRAINERS? Sandy Birkholz, M.A., WDE Master Trainer and Sheridan Jr. High Family and Consumer Sciences Teacher and Gay Hughes, WDE Master Trainer and Riverton High School Health Coordinator.

The Can We Talk? parent education program is a program of the National Education Association Health Information Network. It is built on the philosophy that young people's academic achievement is directly influenced by their emotional, physical and sexual health, and that outcomes can be improved through effective family education and community partnerships. The Can We Talk? Parent education program was designed to begin to build bridges between schools, parents and their children around challenging topics related to sexuality and health.

The Wyoming Department of Education's Training of Facilitators Workshop prepares people to market and facilitate the Can We Talk? parent workshops. The training brings diverse members of the community together, forging new collaboratives among parent groups, schools, and community organizations.

Modules of the Can We Talk? program include teaching parents, kinship care providers, grandparents, foster parents, and other care providers to talk with children about:

- self esteem
- puberty and sexuality
- mixed media messages
- peer pressure

In addition, two modules have been added: Can We Talk About Drugs? and Can We Talk About Bullying and Harassment?, developed in response to requests from parents for support in addressing the challenging issues of youth substance abuse and violence.

- *Breakfast and Lunch Provided*
- *PTSB, Nursing, and Mental Health Credits Provided*
- *Training is FREE!!!*

Contact Meaghan McClellan at
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(307) 777.3339 with questions